

Government College of Dentistry, Indore

Department of Public Health Dentistry

National Toothbrushing Day 2022



REPORT

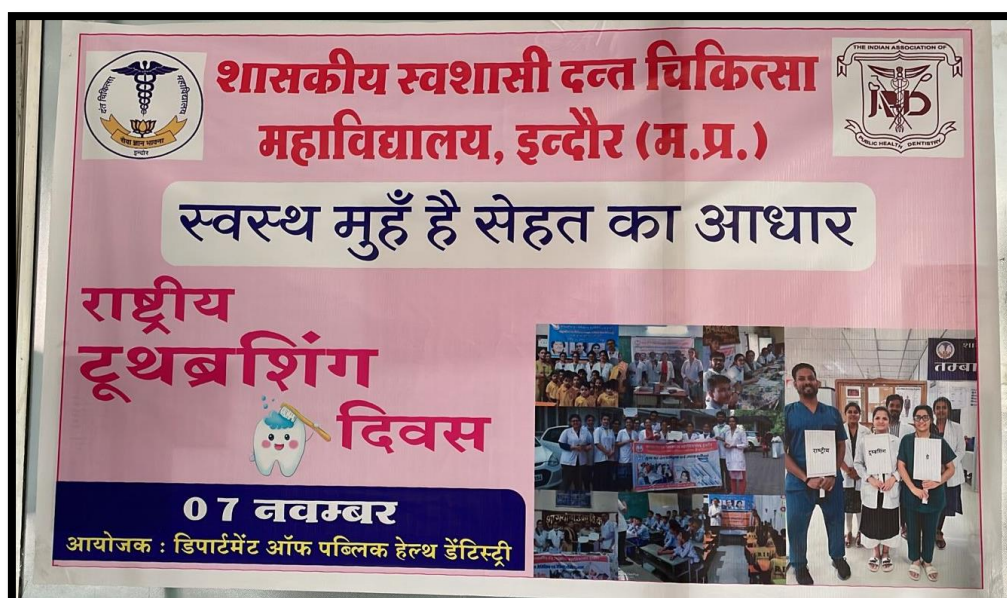
Celebration of National Toothbrushing Day on 7th November 2022

Department of Public Health Dentistry, on National Toothbrushing Day 2022, organized an inaugural ceremony for the commencement of Oral Health Appraisal Program for School Teachers in Indore City, with the release of 4 modules based on Training Manual on Oral Health Promotion for School Teachers, under National Oral Health Programme.

Date – 07/11/2022

Time – 9:00 AM – 2:00 PM

Place - Government Autonomous College of Dentistry, Indore



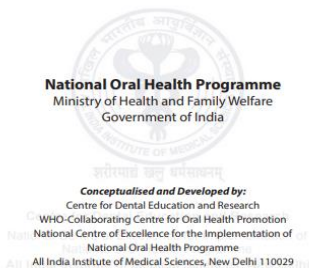
National Toothbrushing Day is observed in India on 7th of November every year. We celebrate this day by spreading awareness and knowledge about proper toothbrushing techniques and oral hygiene maintenance among various subsets of population. This year, the Department of Public Health Dentistry at GDC Indore observed the day by recognizing toothbrushing habit at the level of primordial prevention. School is considered the foremost institution for development of healthy oral hygiene habits and School Teachers are the most important link between children and the health care community. Therefore, this

year's program is targeted at the most important population group for oral health promotion.

Program Journey

The Program began with Dr. Vrinda Saxena, chalking out the roadmap for the entire project. The project has been planned in 3 Phases. All the required, administratively sound, permission was taken from the College and the office of District Education Officer (DEO). A list of all the schools was also obtained from the office. The list was then divided into 5 different zones, comprising of East, West, South, North and Central Zone. Two Schools were then selected from the list for the pilot project.

A series of module was prepared based on 'Training Manual on Oral Health Promotion for School Teachers' for the different sessions under which the training program is scheduled to be held.



On 7th November 2022, a team of Postgraduates, under the guidance of Dr. Vrinda Saxena, conducted first session for the School Teachers at Malav Kanya Government Higher Secondary School, Indore. It was scheduled keeping in mind as to not to disturb the school curriculum. A total of 15 teachers, who were from the morning shift, attended the program. The duration for the session was of 45 minutes.



This was followed by Inaugural ceremony, at 1:00 PM, by the Respected Dean and Chairman of Scientific Committee of our Institution.



The program started with honouring all the attending dignitaries with a token of gratitude.

This was followed by seeking the blessings of Goddess Saraswati by lightening the lamp by the dignitaries.



The program continued with welcome address by Dr. Vrinda Saxena, where she explained about the vision of the project to the audience. She also took everyone through a brief journey of the pilot project. She described the future prospects of the program and the put the larger perspective into place. She also mentioned about the large workforce required for smooth conduction of such program and hence initiated the “Training of Trainers” Program.



Continuing with the program, Dr. Deshraj Jain (Dean) then addressed the present audience. He mentioned about the importance of toothbrushing in the prevention of oral diseases and cited incidence from his own clinical experience. Sir concluded his speech with the saying “A good toothbrushing habit reinforces good oral hygiene”.



Next was the release of modules for Oral Health Appraisal Program for School Teachers, by Principal Sir, which was done with the opening of link to the Presentation file.

The program then continued with the release of hard copies of module by the respective faculties present.

We concluded our program by thanking everyone for their time and presence.

Thank You